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Ryan joined Gallagher in 2024 as the wellbeing consulting manager, where he leads and manages a team of physical and emotional wellbeing consultants. He builds processes and procedures around consulting practices and supports business development. He works with the national practice leader to grow and evolve Gallagher's wellbeing consulting practice, and acts as a senior wellbeing consultant to support clients. With over 20 years of experience in workplace wellbeing, Ryan brings a wealth of knowledge from his previous role at a global consulting firm. Ryan holds a doctorate degree (Ed.D.) and an M.B.A. degree from Nebraska Methodist College as well as a bachelor of science degree from the University of Nebraska. Ryan is the vice chair of the Board of Directors for the Center for Nutrition & Health Impact and serves on the Executive Leadership Board at the American Lung Association in Nebraska.